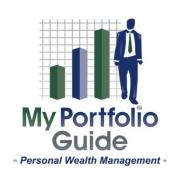
# "It's Your Money"

### **Investment World**

My Portfolio Guide, LLC - April 24, 2024







# Introduction & Background



B.A. Economics, CSULB

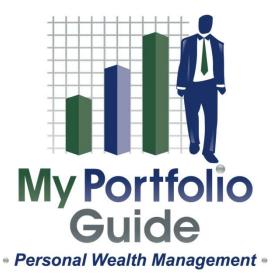
MBA, Arizona State University, W.P Carey School of Business

PFP, UCLA

Registered Investment Advisor, My Portfolio Guide, LLC

# Your Next Puzzle Piece?



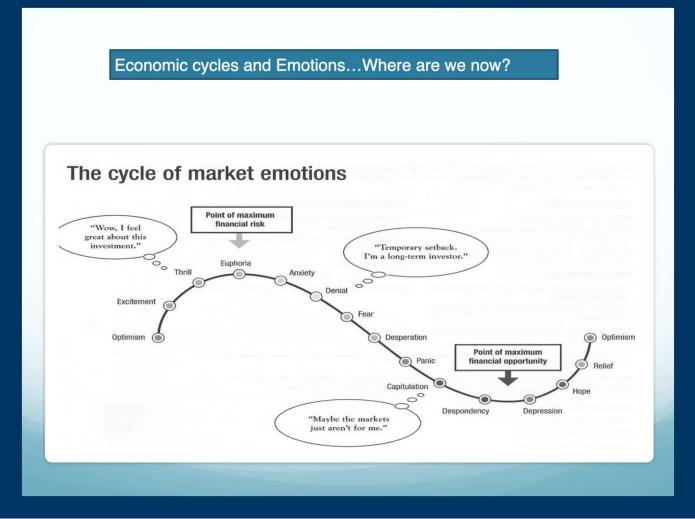


# Best Economic Joke Ever ?!



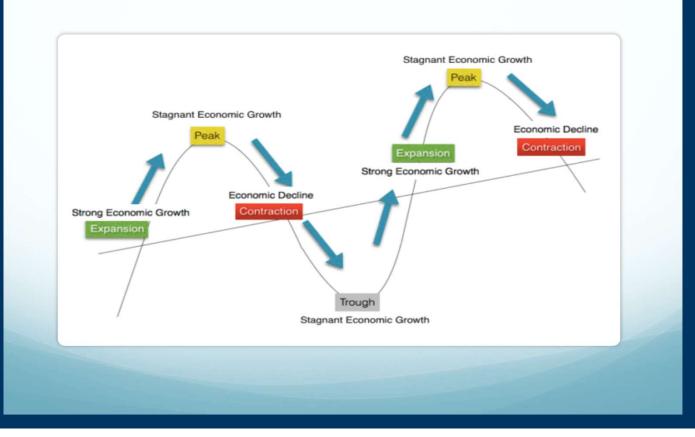
المارهين والاستعادتين مراجعت وتلائ سي ويرتبعو والاحترار والاحاد الا

# **Emotional Roller Coasters**



# Where are We Now?

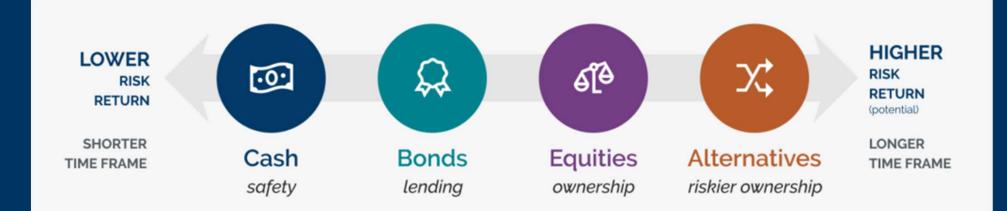
Economic cycles and Emotions...Where are we now?



# Get Your Mind Right!

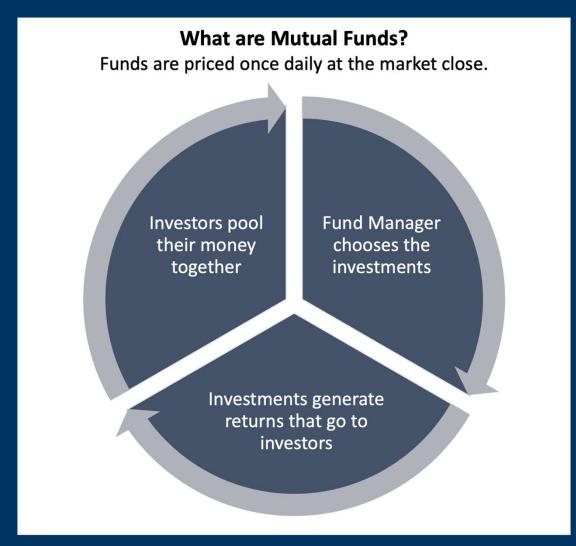


# Different Types of Investments



This is simply an illustration of the general relationship between various asset classes. Some investments will not align with this model.

# What are Mutual Funds?



# These add up... Avoid!

# **Mutual Fund Expenses**

**Mutual Funds With No Loads:** Sold directly from the mutual fund company and there is NO commission, though there may be a small "ticket charge" for purchase through a custodian.

**Mutual Funds With Loads**: Sold by brokers or licensed insurance agents and carry a large commissions

Class A: Front load of typically 5.75% and lower ongoing expenses

Example: Invest \$100,000 will have a commission of \$5,750 so you only invest \$94,250

Class B: Back Load and higher ongoing expenses

Tip: Possibly the worst share class with the highest fees

**Class C**: No initial fee but higher ongoing expenses typically around 2% per year

Example: Invest \$100,000 and then pay annual fee of \$2,000

### "Can't Beat 'em so Join them!"

# **Benefits of Indexing**

#### Diversification

Spreads your investments across a broad range of assets, reducing the risk associated with individual stocks.

#### Low Costs

Lower expense ratios compared to actively managed funds. By reducing fees and expenses, more of your investment dollars are working for you.

#### **Market Performance**

Aims to achieve returns that mirror the overall market by tracking the performance of a market index. Allows the benefit from the collective strength of the market, rather than relying on the success of individual stocks.

#### Long-term Investment Results

Broad market indices tend to reflect the overall upward trend of the economy, while individual stocks may rise and fall dramatically. This reliability makes index investing a proven strategy for wealth accumulation over time.

#### **Tax Efficiency**

Strives to be as tax-efficient as possible by minimizing turnover and using in-kind redemptions. Because index funds generally aim to replicate the performance of an index, they tend to buy and hold securities for the long term.

### What is an ETF? (Exchange Traded Fund)

#### What is an ETF?

Unlike a mutual fund, and ETF is bought and sold like common stock during the day when the stock exchanges are open.

Because it trades like a stock, an ETF does not have its value calculated once at the end of the day Continuous creation of new shares and redemption of existing shares during the day

The fund can easily be bought, sold or transferred, in

much the same way as share of stock

# Life Insurance (Necessary but NOT an Investment)

# Life Insurance: Term vs. Permanent / Cash Value

	Term		Permanent / Cash Value
•	Covers for a specific term (usually between 5 to 30 years)		<ul><li>(Universal Life, Indexed Life, Whole Life)</li><li>Can stay in effect for the insured's entire life</li></ul>
•	Premiums are relatively lower but increase after term expires (Annual Renewable Term, Level Term, Decreasing Term)		<ul> <li>Premiums are higher and may remain level for lifetime or vary depending on policy type</li> </ul>
•	Expires with no cash value – all of the premiums go to securing a death benefit to beneficiaries	\$	<ul> <li>Can build cash value</li> <li>Cash value grows without being taxed</li> <li>Earns interest and/or gains/losses on the cash value, depending on policy type</li> </ul>
•	No flexibility, no ability to borrow against policy or to withdraw money	()	<ul> <li>Flexibility, including ability to borrow against your policy</li> </ul>
•	Very inexpensive, especially at young ages	<b>E</b>	• Expensive

# **Different Types of Annuities**

# Annuities

•	Fixed Annuity – Receive a guaranteed rate of return.
iii	<b>Variable Annuity</b> – Money is invested in stocks and/or bonds so the returns fluctuate with market returns. You carry the investment risk and have the potential to make or lose money.
S	<b>Indexed Annuity</b> – Your return is linked to a stock market index (most commonly the S&P 500 Index but can be anything). You may make money if the index increases, but returns are capped under complex formulas. If the index is negative, your return is 0%, but you don't lose money.
	Immediate annuities are different. They pay lifetime income, but you can't get your money back.
	It does <b>not</b> make sense to purchase an annuity in an IRA account.

Money withdrawn from an annuity is taxed at ordinary income rates, not long-term capital gains rates.

### Insurance Companies Have Already Done the Math!

# Understanding Index Annuity Fees & Return Potential

Index Annuity Fees: There are caps on potential returns, and various fees are largely hidden internally.



The total return for the S&P 500 was 15.76%

#### Example of a client's index annuity return for 2020

#### S & P 500 Index

Monthly Cap 1.00%

Policy Month	Monthly Index Rate	Capped Monthly Rate					
1	3.285%	1.000%					
2	-1.340%	-1.340%					
3	4.981%	1.000%					
4	1.968%	1.000%					
5	2.901%	1.000%					
6	2.797%	1.000%					
7	-10.678%	-10.678%					
8	-10.529%	-10.529%					
9	8.339%	1.000%					
10	10.855%	1.000%					
11	-1.522%	-1.522%					
12	6.548%	1.000%					
Sum of Capp	Sum of Capped Monthly Rates:						
Annual Inde	0.00%						

# Talk about Making a Good Living!

# **Understanding Variable Annuity Fees**

- Variable Annuities Higher fees than standard fixed annuities
  - Mortality and Expense The general cost to have the annuity
  - Administration This fee can be combined
  - Fund Expense Annual costs for the underlying investments
  - Rider Costs (if any) Costs for additional guarantees on the annuity

#### Example of VA Fees

Total Fees paid each year	3.50%
Living Benefit Rider	1.00%
Fund Expense Ratio	1.00%
Administration	0.25%
Mortality and Expense	1.25%

# Pick Multiple Lanes









# Periodic Chart (not the elements)

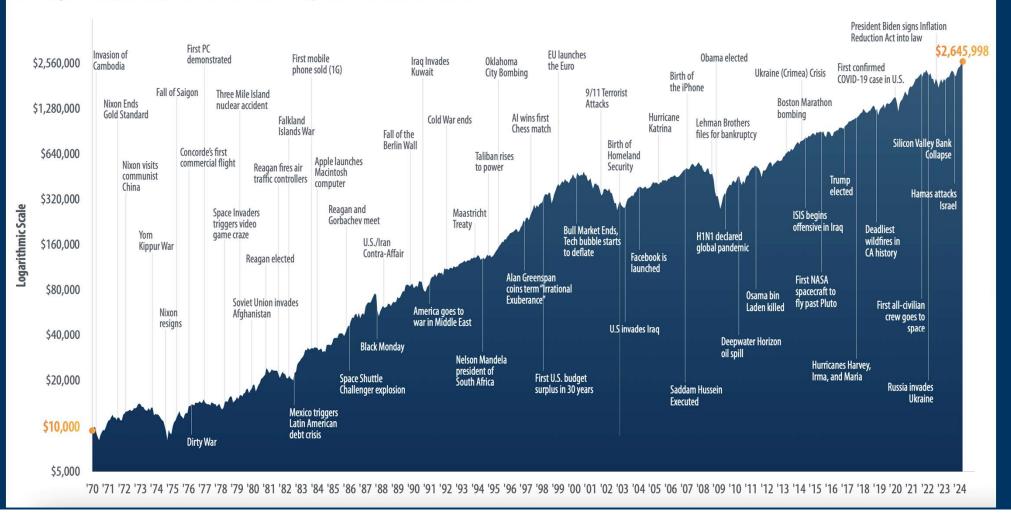
2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	YTD
EM 79.0%	REIT 28.0%	REIT 8.3%	REIT 19.7%	Sm Cap 38.8%	REIT 28.0%	REIT 2.8%	Sm Cap 21.3%	EM 37.8%		Lg Cap 31.5%	Sm Cap 20.0%	REIT 41.3%		Lg Cap 26.3%	Lg Cap 10.6%
HY Bnd	Sm Cap	HG Bnd	EM	Lg Cap	Lg Cap	Lg Cap	HY Bnd	Int'l	HG Bnd	REIT	EM	Lg Cap	HY Bnd	Int'l	lnt'l
57.5%	26.9%	7.8%	18.6%	32.4%	13.7%	1.4%	17.5%	25.6%	0.0%	28.7%	18.7%	28.7%	-11.2%	18.9%	5.9%
Int'l Stk	EM	HY Bnd	lnťl Stk	lnťl Stk	AA	HG Bnd	Lg Cap	Lg Cap	HY Bnd	Sm Cap	Lg Cap	Sm Cap	HG Bnd	Sm Cap	Sm Cap
32.5%	19.2%	4.4%	17.9%	23.3%	6.9%	0.6%	12.0%	21.8%	-2.3%	25.5%	18.4%	14.8%	-13.0%	16.9%	5.2%
REIT	HY Bnd	Lg Cap	Sm Cap	AA	HG Bnd		EM	Sm Cap	REIT	Int'l Stk	AA	Int'l Stk	lnt'l Stk	HY Bnd	AA
28.0%	15.2%	2.1%	16.4%	11.5%	6.0%		11.6%	14.7%	-4.0%	22.7%	9.8%	11.8%	-14.0%	13.5%	2.8%
Sm Cap	Lg Cap	AA	Lg Cap	HY Bnd	Sm Cap	lnt'l Stk	REIT	AA	Lg Cap	AA	Int'l Stk	AA	AA	AA	EM
27.2%	15.1%	0.3%	16.0%	7.4%	4.9%	-0.4%	8.6%	14.6%	-4.4%	18.9%	8.3%	10.9%	-16.5%	12.8%	2.4%
Lg Cap	AA		HY Bnd	REIT	HY Bnd	AA	AA	REIT	AA	EM	HY Bnd	HY Bnd	Lg Cap	REIT	HY Bnd
26.5%	13.5%		15.6%	2.9%	2.5%	-1.3%	7.2%	8.7%	-5.6%	18.9%	7.5%	5.4%	-18.1%	11.4%	1.5%
AA 24.6%	Int'l Stk 8.2%	Sm Cap -4.2%	AA 12.2%			Sm Cap -4.4%	HG Bnd 2.7%	HY Bnd 7.5%	Sm Cap -11.0%	HY Bnd 14.4%	HG Bnd 6.1%		EM -19.7%	EM 10.3%	
HG Bnd	HG Bnd	lnt'l Stk	HG Bnd	HG Bnd	EM	HY Bnd	lnt'l Stk	HG Bnd	lnťl Stk	HG Bnd		HG Bnd	Sm Cap	HG Bnd	HG Bnd
5.9%	6.5%	-11.7%	4.2%	-2.0%	-1.8%	-4.6%	1.5%	3.5%	-13.4%	8.7%		-1.5%	-20.4%	5.5%	-0.8%
Cash 0.1%		EM -18.2%		EM -2.3%	Int'l Stk -4.5%	EM -14.6%			EM -14.3%	Cash 2.2%	REIT -5.1%	EM -2.2%	REIT -25.0%	Cash 5.1%	REIT -1.3%

# Same thing but with Economic Sectors

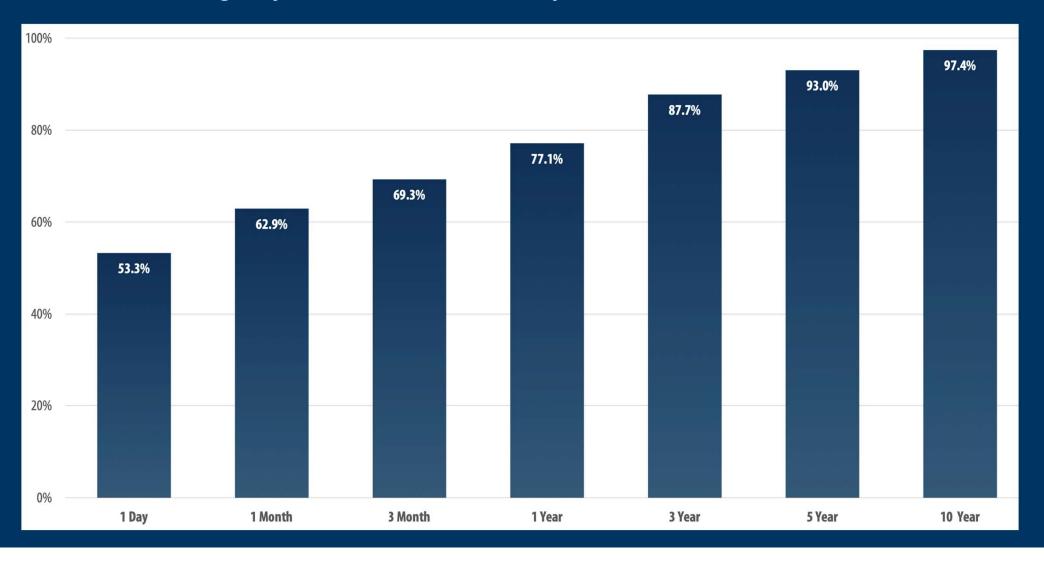
2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	YTD
INFT	REAL	UTIL	FINL	COND	REAL	COND	ENRS	INFT	HLTH	INFT	INFT	ENRS	ENRS	INFT	TELS
61.7%	32.3%	19.9%	28.8%	43.1%	30.2%	10.1%	27.4%	38.8%	6.5%	50.3%	43.9%	54.6%	65.7%	57.8%	15.8%
	COND 27.7%	CONS 14.0%	COND 23.9%	HLTH 41.5%	UTIL 29.0%	HLTH 6.9%	TELS 23.5%		UTIL 4.1%	TELS 32.7%	COND 33.3%	REAL 46.2%	UTIL 1.6%	TELS 55.8%	ENRS 13.7%
COND	INDU	HLTH	REAL	INDU	HLTH	CONS	FINL	COND	COND	FINL	TELS	FINL	CONS	COND	INFT
41.3%	26.7%	12.7%	19.7%	40.7%	25.3%	6.6%	22.8%	23.0%	0.8%	32.1%	23.6%	35.0%	-0.6%	42.4%	12.7%
REAL 27.1%		REAL 11.4%	TELS 18.3%	FINL 35.6%	INFT 20.1%	INFT 5.9%	INDU 18.9%	FINL 22.2%	INFT -0.3%	S&P 31.5%		INFT 34.5%	HLTH -2.0%	S&P 26.3%	FINL 12.5%
S&P	ENRS	TELS	HLTH	S&P	CONS	REAL		HLTH	REAL	INDU	S&P	S&P	INDU	INDU	INDU
26.5%	20.5%	6.3%	17.9%	32.4%	16.0%	4.7%		22.1%	-2.2%	29.4%	18.4%	28.7%	-5.5%	18.1%	11.0%
INDU	TELS	COND	S&P	INFT	FINL	TELS	UTIL	S&P	S&P	REAL	HLTH	MATR	FINL	MATR	S&P
20.9%	19.0%	6.1%	16.0%	28.4%	15.2%	3.4%	16.3%	21.8%	-4.4%	29.0%	13.5%	27.3%	-10.5%	12.6%	10.6%
HLTH	S&P	ENRS	INDU	CONS	S&P	S&P	INFT	INDU	CONS	COND	INDU	HLTH	MATR	REAL	MATR
19.7%	15.1%	4.7%	15.4%	26.1%	13.7%	1.4%	13.9%	21.0%	-8.4%	27.9%	11.1%	26.1%	-12.3%	12.4%	9.0%
FINL	CONS	INFT		MATR	INDU	FINL	S&P	CONS	TELS	CONS	CONS	COND	S&P	FINL	HLTH
17.2%	14.1%	2.4%		25.6%	9.8%	-1.5%	12.0%	13.5%	-12.5%	27.6%	10.8%	24.4%	-18.1%	12.2%	8.9%
CONS	FINL	S&P	INFT	ENRS	COND	INDU	COND	UTIL	FINL	UTIL	UTIL	TELS	REAL	HLTH	CONS
14.9%	12.1%	2.1%	14.8%	25.1%	9.7%	-2.5%	6.0%	12.1%	-13.0%	26.4%	0.5%	21.6%	-26.1%	2.1%	7.5%
ENRS	INFT	INDU	CONS	UTIL	MATR	UTIL	CONS	REAL	INDU	MATR	FINL	INDU	INFT	CONS	COND
13.8%	10.2%	-0.6%	10.8%	13.2%	6.9%	-4.8%	5.4%	10.9%	-13.3%	24.6%	-1.7%	21.1%	-28.2%	0.5%	5.0%
UTIL	UTIL	MATR	ENRS	TELS	TELS	MATR	REAL	ENRS	MATR	HLTH	REAL	CONS	COND	ENRS	UTIL
11.9%	5.5%	-9.6%	4.6%	11.5%	3.0%	-8.4%	3.4%	-1.0%	-14.7%	20.8%	-2.2%	18.6%	-37.0%	-1.3%	4.6%
TELS	HLTH	FINL	UTIL	REAL	ENRS	ENRS	HLTH	TELS	ENRS	ENRS	ENRS	UTIL	TELS	UTIL	REAL
8.9%	2.9%	-17.1%	1.3%	1.6%	-7.8%	-21.1%	-2.7%	-1.3%	-18.1%	11.8%	-33.7%	17.7%	-39.9%	-7.1%	-0.6%

# There's ALWAYS Worrisome Headlines

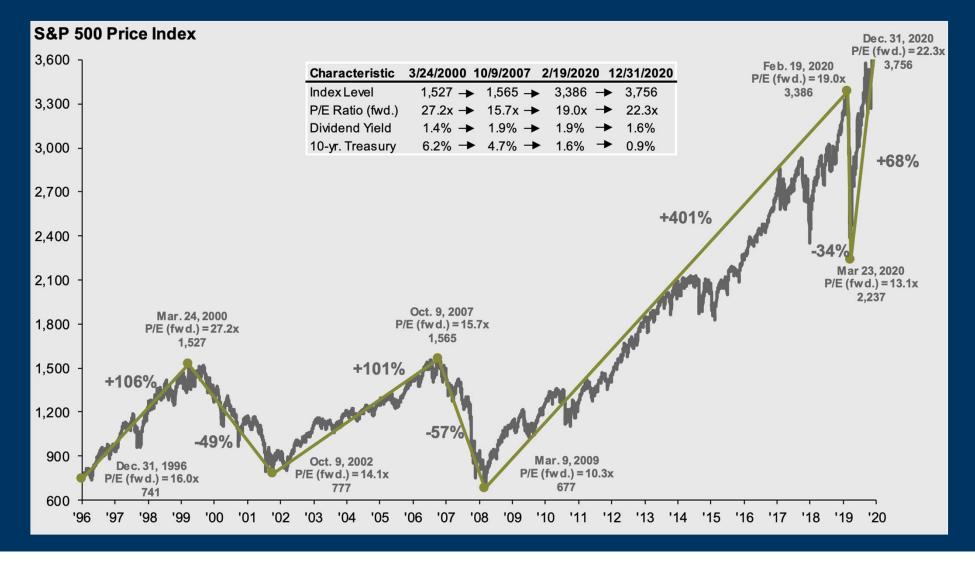
#### The average annual total return of the S&P 500 Index for the period shown below was 10.83%.



### The Longer you Wait the Better your Odds of Positive Returns



# The "Lost Decade"



## Average Bull vs Bear Market Duration & Returns

This chart shows daily historical performance of the S&P 500 Index throughout the U.S. Bull and Bear Markets since 1942. We believe looking at the history of the market's expansions and recessions helps to gain a fresh perspective on the benefits of investing for the long-term.

- The average **Bull Market** period lasted 4.2 years with an average cumulative total return of 148.9%.
- The average Bear Market period lasted 11.1 months with an average cumulative loss of -31.7%.

#### From the lowest close reached after the market has fallen 20% or more, to the next market high.

BULL

### BEAR

When the index closes at least 20% down from its previous high close, through the lowest close reached after it has fallen 20% or more.



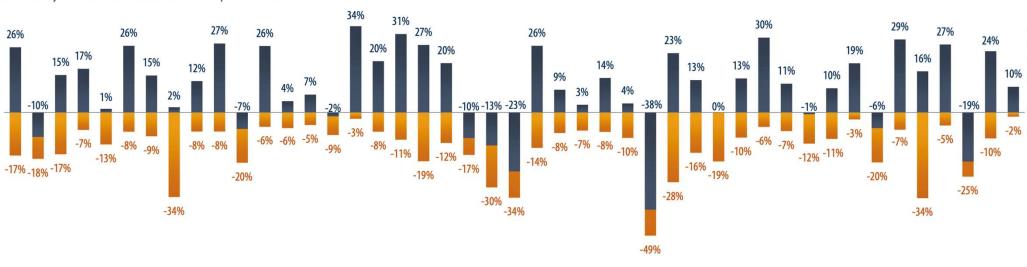
# History of Stock Market Corrections

#### S&P 500 Index 1942 - 2024

Type of Decline	Average Frequency*	Average Length**	Last Occurrence		
-5% or more	About 3 times a year	39 days	October 2023		
-10% or more	About every 16 months	128 days	October 2023		
-15% or more	About every 3 years	230 days	October 2022		
-20% or more	About every 5.5 years	335 days	October 2022		

# The Single Best Chart Ever

#### Intra-Year Declines vs. Calendar Year Returns



Volatility is not a recent phenomenon. Each year, there is the potential for the market to experience a significant correction, which for the S&P 500 has averaged approximately 14% since 1980. History has shown that those who chose to stay the course were rewarded for their patience more often than not.

'10 '11 '12 '13 '14 '15 '16 '17 '18 '19 '20 '21 '22 '23 '24 '80 '81 '82 '83 '84 '85 '86 '87 '88 '89 '90 '91 '92 '93 '94 '95 '96 '05 '06 '07 '08 '09 '97 '02

Intra-Year Declines
Calendar Year Returns

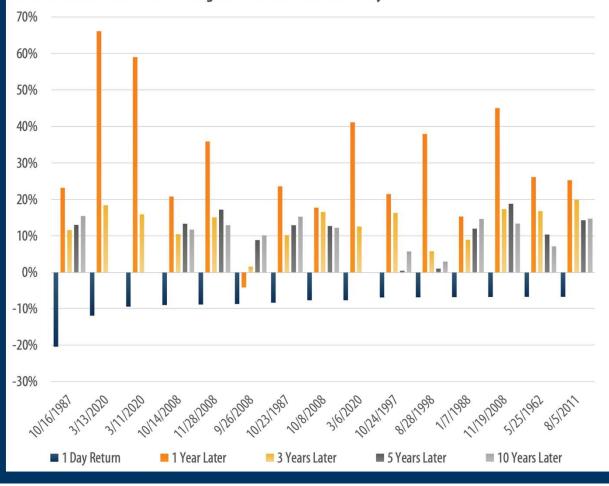
### Pros & Cons of Al

Artificial Intelligence is fighting the Fed.



# Market Returns after Extreme Down Days

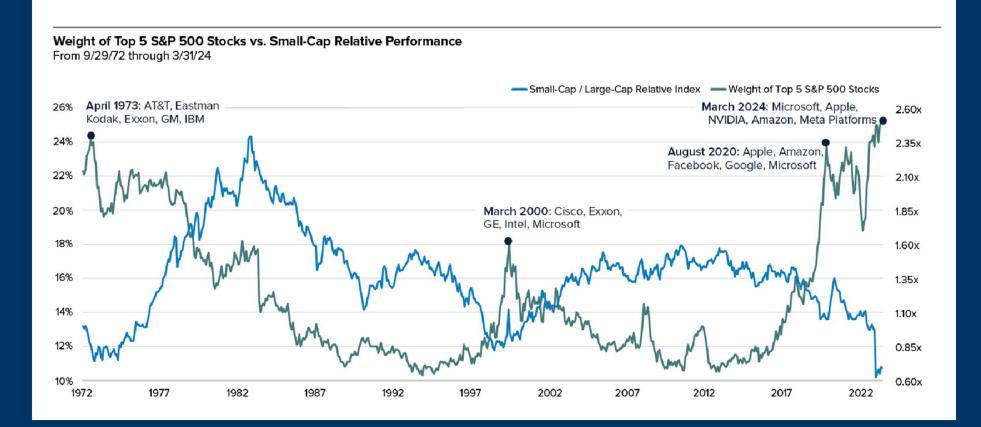
#### S&P 500 Index Performance During and After Extreme Down Days



Date	1 Day Return	1 Year Later	3 Years Later	5 Years Later	10 Years Later
10/16/1987	-20.47%	23.19%	11.60%	13.04%	15.43%
3/13/2020	-11.98%	66.07%	18.40%	N/A	N/A
3/11/2020	-9.51%	58.96%	15.90%	N/A	N/A
10/14/2008	-9.03%	20.79%	10.49%	13.34%	11.72%
11/28/2008	-8.93%	35.85%	15.10%	17.21%	12.96%
9/26/2008	-8.79%	-4.14%	1.60%	8.86%	10.17%
10/23/1987	-8.28%	23.59%	10.20%	12.93%	15.25%
10/8/2008	-7.62%	17.76%	16.57%	12.73%	12.21%
3/6/2020	-7.60%	41.10%	12.57%	N/A	N/A
10/24/1997	-6.87%	21.48%	16.30%	0.47%	5.76%
8/28/1998	-6.80%	37.93%	5.80%	1.04%	2.97%
1/7/1988	-6.77%	15.31%	8.96%	12.01%	14.66%
11/19/2008	-6.71%	45.05%	17.34%	18.81%	13.38%
5/25/1962	-6.68%	26.14%	16.79%	10.39%	7.14%
8/5/2011	-6.66%	25.26%	19.94%	14.27%	14.74%
Average:	-8.85%	30.29%	13.17%	11.26%	11.37%

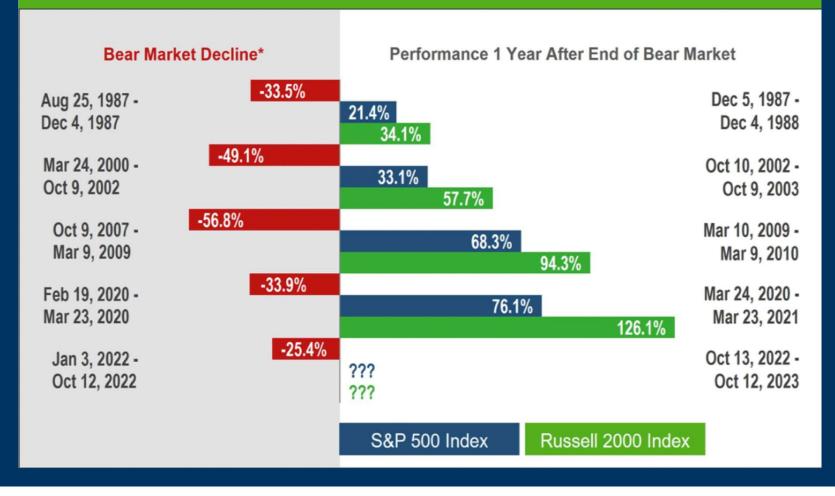
# Getting Frothy...

### Large-Cap Cycles Peak at Market Tops Crowded with Mega Caps



# Get Small

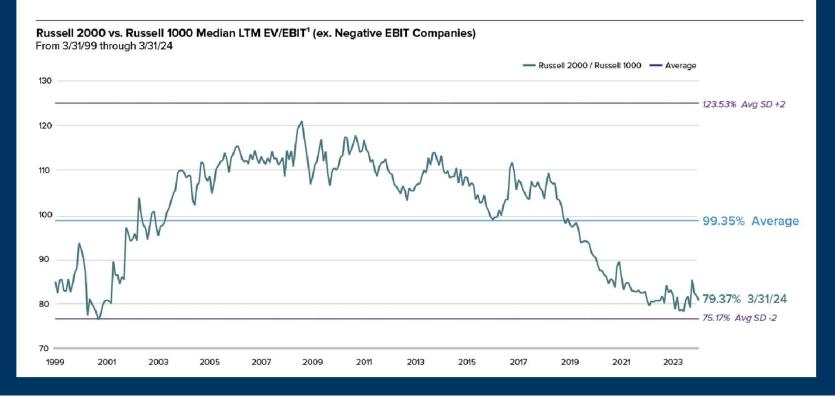
#### Smaller Cap vs Large Caps Following Bear Markets



## Small vs Large Cap Valuations (lowest in 25 years)

#### Relative Valuations for Small-Caps vs. Large-Caps Are Near Their Lowest in 25 Years

Following small-cap's underperformance of large-cap, the Russell 2000 remains extremely undervalued compared to its relative valuation range over the past 25 years.



### Small Cap P/E below historical average

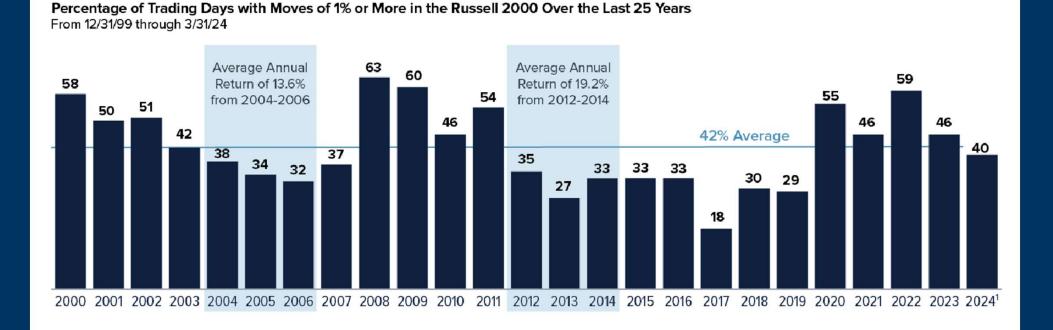
#### Small-Cap P/Es Are Still Below Average

The average price to earnings ratio for the Russell 2000 (ex non-earners) on 3/31/24 was 16.3x —still below its long-term average of 17.9x. While returns have just started to rebound, multiples have remained compressed, creating a considerable number of buying opportunities.

Weighted Harmonic Average Price-to Earnings Ratio (Excluding Non-Earners) for the Russell 2000 From 3/31/99 through 3/31/24 17.9x Average 16.3x 3/31/24 

# What Happens after Volatility?

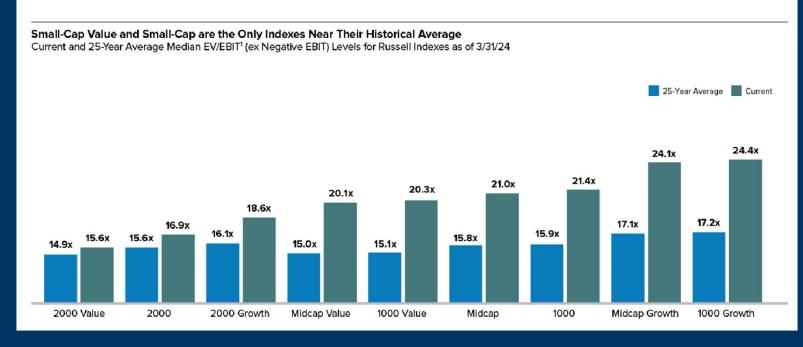
### Small-Caps Generally Have Strong Three-Year Returns After Periods of High Volatility



### Small Caps Look Cheap (relative to Large & Mid)

#### Small-Cap Looks Cheap, Particularly versus Mid- and Large-Cap Growth

Four observations leap out when comparing various segments of the U.S. equity market: 1) Small-Cap Value and Small-Cap Core are the cheapest segments of U.S. equities, 2) these segments are the only ones slightly above their 25-year average valuation, 3) while all three value segments (Small-Cap, Mid-Cap, and Large-Cap) have nearly identical 25-year average valuations, their current valuations are vastly different, and 4) Mid-Cap Growth and overall Large-Cap valuations still have a long way to fall to reach their 25-year average valuations.

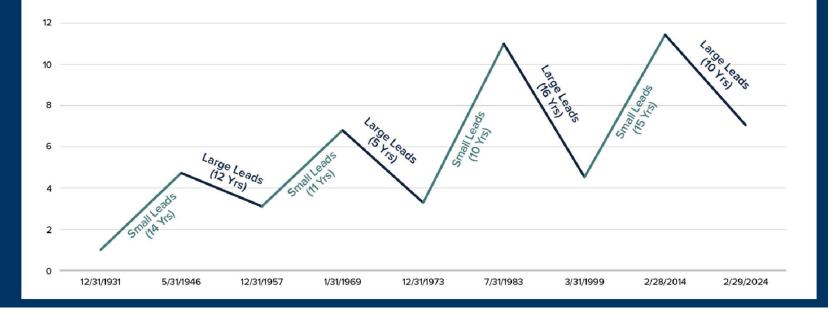


### Small Cap Rally Could Last a Decade

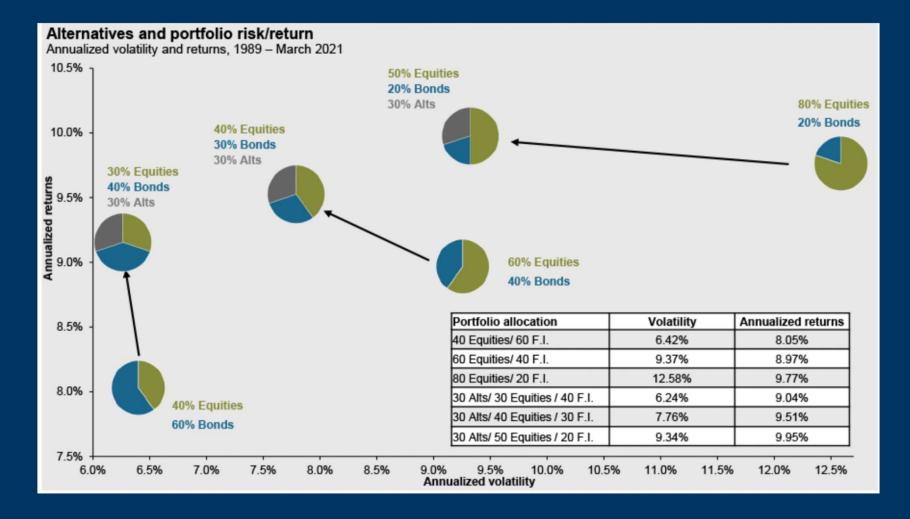
#### Historically Small-Cap Cycles Have Averaged More Than a Decade

Secular changes in economic trends, interest rates, and monetary and fiscal policies are altering the long-term investment landscape. The winners under the past decade's zero interest rate, low inflation, and low nominal growth regime will no longer lead. The unfolding macro environment points to the small-cap asset class being able to sustain, not just tactically outperform, large-cap.

Small-Cap and Large Cap Market Cycles Average Monthly Relative Performance for CRSP 6-10/CRSP 1-5 from 12/31/31 through 2/29/24 (%)

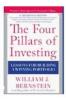


# Don't forget our Alternatives!



### Investing Basics & Recommended Reads

#### The Four Pillars of Investing by Bernstein



Takes the reader on a journey to the heart of portfolio management and is aimed at the liberal-arts major seeking investment competence. Plenty of history and psychology, light on the math. ("Standard deviation" is mentioned only once, in a footnote.)

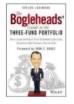
#### Winning the Loser's Game by Charles Ellis



The premise of this best-seller, that individual investors can achieve far greater success working with financial markets than against them, has grown increasingly popular in today's hard-to-predict markets.

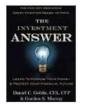
### Bogleheads' Guide to Investing by Larimoe,

Lindauer and LeBoeuf



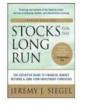
A slightly irreverent, straightforward guide to investing for everyone. The book offers, sound, practical advice, no matter your age or net worth. Bottomline, become a Boglehead and proper!

#### The Investment Answer Book by Goldie and Murray



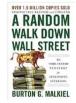
A guide to investing fundamentals and breaks down investor decision, such as hiring an advisor, active vs. passive, etc. It is great for people who are just getting started or want to learn more about investing.

#### Stocks for the Long Run by Jeremy Siegel

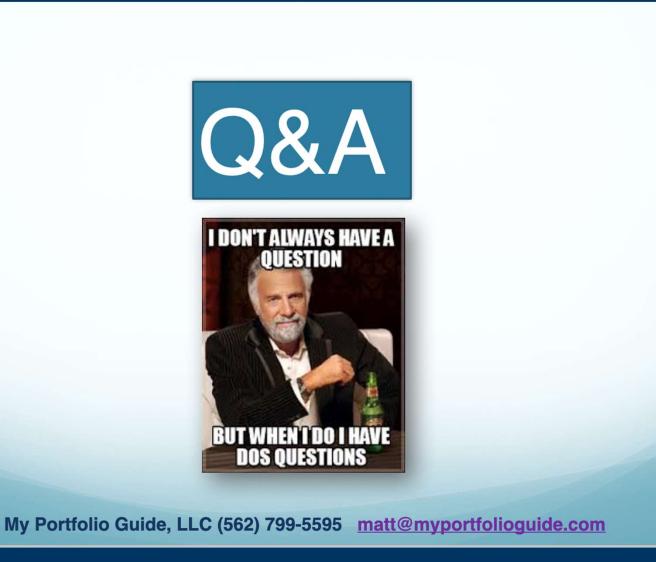


A long-standing investment classic that answers all the important questions of today: What are the sources of long-term economic growth? How does the Fed really impact investing decisions? What is the market impact of ESG and cryptocurrencies?

#### A Random Walk Down Wall Street by Burton Malkiel



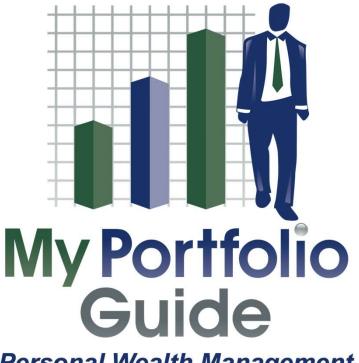
A comprehensive guide to investing that includes a discussion of the merits of index funds and efficient market theory. It's a great read for beginners and seasoned investors alike.



# **Additional Resources & Education**

### My Portfolio Guide, LLC

- o 'the Guide' Quarterly Investment Newsletter
- 。 Dear Mr. Market Investment Blog
- **o** Complimentary Portfolio Review



Personal Wealth Management

Caption

# (562)799-5595 matt@myportfolioguide.com