

HACKING YOUR MIND

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This four-part series examines how easy it is to hack your mind and what you can do. Follow host, Jacob Ward, (The TODAY Show), from the farthest corners of the globe to the inside of your mind as he sets out to discover we are not who we think we are. We imagine our conscious minds make most decisions, but in reality we go through much of our lives on “autopilot”. And marketers and social media companies rely on it. Hacking Your Mind offers you an autopilot owner’s manual.

The series is based on the work of Kahneman and Tversky that literally founded a new branch of economic study, prepare to have how you think about how you make decisions changed. For reading support, pick up Kahneman's "Thinking Fast and Slow." Or a little easier read is Michael Lewis the *“Undoing Project.”* Michael Lewis is the best-selling author of The Undoing Project, Liar's Poker, Flash Boys, Moneyball, The Blind Side, Home Game and The Big Short, among other works. He also does a Podcast *“Against the Rules”* and discusses what happens when fairness can’t be enforced.

Undoing Project - How a Nobel Prize–winning theory of the mind altered our perception of reality.

Forty years ago, Israeli psychologists Daniel Kahneman and Amos Tversky wrote a series of breathtakingly original studies undoing our assumptions about the decision-making process. Their papers showed the ways in which the human mind erred, systematically, when forced to make judgments in uncertain situations. Their work created the field of behavioral economics, revolutionized Big Data studies, advanced evidence-based medicine, led to a new approach to government regulation, and made much of Michael Lewis’s own work possible. Kahneman and Tversky are more responsible than anybody for the powerful trend to mistrust human intuition and defer to algorithms.

The Undoing Project is about a compelling collaboration between two men who have the dimensions of great literary figures. They became heroes in the university and on the battlefield—both had important careers in the Israeli military—and their research was deeply linked to their extraordinary life experiences. Amos Tversky was a brilliant, self-confident warrior and extrovert, the center of rapt attention in any room; Kahneman, a fugitive from the Nazis in his childhood, was an introvert whose questing self-doubt was the seedbed of his ideas. They became one of the greatest partnerships in the history of science, working together so closely that they couldn’t remember whose brain originated which ideas, or who should claim credit. They flipped a coin to decide the lead authorship on the first paper they wrote, and simply alternated thereafter.

This story about the workings of the human mind is explored through the personalities of two fascinating individuals so fundamentally different from each other that they seem unlikely friends or colleagues. In the process they may well have changed, for good, mankind’s view of its own mind.